



September 2009 NEWSFLASH!












Equine and Small Animal Veterinary Specialty Practice
A new paradigm veterinary practice!
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*"Let your passion for adventure and discovery be matched
only by your thirst for knowledge and understanding"*

(unknown)

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[Intro](#)

I hope your summer has been as full of adventure and discovery as mine has been – so much new knowledge! *"The more I learn the more I realize how little I know."* has been a truth for me this summer.

My adventures started with Celebrate the Horse, in June, at Puyallup. Put on by People Helping Horses (<http://www.peoplehelpinghorses.org/>), not only did I get to meet the wonderful, energetic and an enlightened group of people behind this very forward thinking rescue organization, but to meet so many truly forward thinking, cutting edge equestrians helping to shift consciousness in the equestrian world.

Among these were author **Connie Funk**, author of "Holy as Thou" and "Beauty from Brokenness", sharing insight, wisdom and change found through the relationship with a horse named Chasta. These books are lighthearted reading with a profound message. (<http://constancefunk.com/>)

I also met world renowned equine artist **Kim McElroy**, whose artwork truly is as uplifting as I had been told. Her web site is <http://www.spiritofhorse.com/store/store/index.asp>. Sign on to get her e-newsletter and inspirations. I strongly recommend her e-cards.

Megan Ayrault, LMP has two books worth putting in your collection: “The Horse Lover’s Guide to Massage” and “The Dog Lovers Guide to Massage”. Both are well written, user friendly and beautifully illustrated books to help you with your hands on healing work with your animal companions. (<http://allaboutanimalmassage.com/>)

Stormy May is another amazing equestrian whose documentary, “The Path of the Horse”, details her journey in search of a true connection with horses and what it means. Her story of leaving her profession as a noted instructor and trainer to go in search around the world seeking out further knowledge is truly inspiring and heartfelt. For those of you who haven’t seen this documentary I strongly recommend it. (<http://www.stormymay.com/SMP.htm>)

July took me on the first leg of my journey to become a Centered Riding™ instructor. Having lessoned with a few very talented Centered Riding™ instructors 2 years ago, and finding it to be congruent with the bodywork I do, I wanted to pursue it further. (<http://www.centeredriding.org/default.asp?pageid=10050>).

I also spent 2 weeks at Ramtha’s School of Enlightenment (<http://www.ramtha.com/>) to further my knowledge in cutting edge quantum physics, neurology and molecular biology, along with the opportunity to hone my skills of focus, presence and healing.

August found me taking the second leg of my Centered Riding (CR) Instructors course at the beautiful facility Crescendo Farms, owned by Katie Twombly, in Beaverton Oregon. I had the wonderful opportunity to ride under instructor Dawn Ruthven, who trained with Sally Swift and is a level IV (the highest there is) CR instructor along with being an Olympic level dressage judge. Dawn comes from Canada and many pearls of wisdom learned over a lifetime of experience were shared with us. An added bonus to this clinic was the concurrent course “Living in a Body”, by noted Alexander teacher Robyn Avalon (<http://www.livinginabody.com/>). Although I have taken many different human and veterinary body and movement courses, it soon became apparent why this extraordinary teacher is sought after around the world. I learned how I had gotten stuck in “park” in my own body and gained the tools of a deeper level of awareness not only in my own body and movement but in the animals and riders in which I teach and work on. Next month I will further highlight this clinic and some of the many pearls of wisdom gained.

August had Gerd Heuschman, author of “Tug of War”, at the beautiful facility Wacky Nut Farm on Bainbridge Island. The riders got an extra bonus of working with Peggy Cummings of Connected Riding (<http://www.connectedriding.com/>) on their position while Gerd schooled their horse. I had met Peggy a few weeks earlier at her place in Poulsbo, where she shared with me that she was the first person who Sally Swift gave permission to teach her work. Peggy travels around the world helping create magic by making simple yet profound changes in the rider. She also has developed her own methods of groundwork that are effective and respectful of the equine. Dr. Heuschman will be back at High Hopes Dressage, in Ridgefield, WA, November 6-8. If you haven’t had the opportunity to attend his lecture and watch his video showing how the horses muscles develop and work it is truly a must see. Contact harriet@highhopesdressage.com to register and for further information.

With joy to all,
Dr. Suzan



Rutgers University – Equine Science Center

Rutgers University’s Equine Science Center is offering a series of podcasts to help horse owners. These audio recordings are available for download from their website (see below). More than 40 factsheets address topics of interest to horse and horse farm owners and those involved in the horse industry. On the Center’s website, factsheets are linked to FAQs and a dynamic search engine to make finding answers easier.

<http://esc.rutgers.edu/publications/podcasts.htm>



Cats Do Control Humans, Study Finds



If you've ever wondered who's in control, you or your cat, a new study points to the obvious. It's your cat.

Household cats exercise this control with a certain type of urgent-sounding, high-pitched meow, according to the findings.

This meow is actually a purr mixed with a high-pitched cry. While people usually think of cat purring as a sign of happiness, some [cats](#) make this purr-cry sound when

they want to be fed. The study showed that humans find these mixed calls annoying and difficult to ignore.

"The embedding of a cry within a call that we normally associate with contentment is quite a subtle means of eliciting a response," said Karen McComb of the University of Sussex. "Solicitation purring is probably more acceptable to humans than overt meowing, which is likely to get cats ejected from the bedroom."

They know us.

Previous research has shown similarities between cat cries and human infant cries.

McComb suggests that the purr-cry may subtly take advantage of humans' sensitivity to cries they associate with nurturing offspring. Also, including the cry within the purr could make the sound "less harmonic and thus more difficult to habituate to," she said.



McComb got the idea for the study from her experience with her own cat, who would consistently wake her up in the mornings with a very insistent purr. After speaking with other cat owners, she learned that some of their cats also made the same type of call. As a scientist who studies vocal communication in mammals, she decided to investigate the manipulative meow.

Tough to test.

Setting up the experiments wasn't easy. While the felines used purr-cries around their familiar owners, they were not eager to make the same cries in front of strangers. So McComb and her team trained cat owners to record their pets' cries - capturing the sounds made by cats when they were seeking food and when they were not. In all, the team collected recordings from 10 different cats.

The researchers then played the cries back for 50 human participants, not all of whom owned cats. They found that humans, even if they had never had a cat themselves, judged the purrs recorded while cats were actively seeking food - the purrs with an embedded, high-pitched cry - as more urgent and less pleasant than those made in other contexts. When the team re-synthesised the recorded purrs to remove the embedded cry, leaving all else unchanged, the human subjects' urgency ratings for those calls decreased significantly.

McComb said she thinks this cry occurs at a low level in cats' normal purring, "but we think that cats learn to dramatically exaggerate it when it proves effective in generating a response from humans." In fact, not all cats use this form of purring at all, she said, noting that it seems to most often develop in cats that have a one-on-one relationship with their owners rather than those living in large households, where their purrs might be overlooked.

The results were published in the July 14 issue of the journal *Current Biology*.

LiveScience Staff
LiveScience.com



Shag-Ra – a YouTube experience

I share this incredible story with you in this month's Newsflash! Enjoy – Susan

<http://www.youtube.com/watch?v=AMj2K2-K8wo>



Taking the bite out of the bitless bridle

I have found bitless bridles, either the Robert Cook or the Nurtural, to be extremely helpful and beneficial in many cases. At a recent clinic, I watched a teenager whose heart wanted to have a light hand but whose body did not have the self carriage to allow it. It was agony to watch the tight constant pull on the reins to balance the rider with the horse's lower lip making rapid agitated movements the entire time. This was a perfect situation where a bitless would be appropriate and kind to use to give the rider time to develop a proper position and self carriage in her own body. When I started my own horses in their restructuring, I placed them all in bitless bridles for 2+ years. Consider using a bitless if you are a beginner, you have not fully developed independent light hands or your horse shakes its head while riding or has behavior problems, just to name a few.



Allow Bitless Bridles in USEF Rated Competitions

Target: USEF

Sponsored by: [Breana Larson](#)

While bits have been a main piece of equipment for controlling horses for centuries, modern times have brought many new ways to communicate with horses that don't require bits, and national and international equine governing bodies should keep up with the new times.

Many people do not need bits to work with their horses, and they should not be required to use one in competition when they have found a better way for themselves. Collection is supposed to be free and not forced by the bit, so to make a bit necessary in matters of either communication or collection is contradictory to horse education ideals.

There is a movement to allow bitless bridles in USEF rated competitions. For those interested, I urge that you log into the following website and sign the online petition.

<http://www.thepetitionsite.com/1/allow-bitless-bridles-in-usef-rated-com1t>



DNA – The Power of Words

DNA Changes and Psychic Consciousness

By, **Mary Desaulniers**

Published in the following web link: http://alternativespirituality.suite101.com/print_article.cfm/dna_changes

Russian scientists' discovery of the wave information character of DNA points to a recovery of lost spirituality.

Recent discoveries in the nature of DNA have overthrown the idea that man is genetically fixed. The Human Genome Project has uncovered two interesting facts about human genes: a) man has 30,000 genes (only 300 more than a mouse) in the human DNA; b) only 10% of the human DNA is used for coding and reproduction of proteins; the rest – approximately 90%-- is known as junk DNA which scientists have considered garbled and redundant. However, the Russian Branch of the Human Genome Project, headed by renowned Dr. Pjotr Garjajev, has uncovered the linguistic and psychic capabilities of junk DNA, ushering in a re-evaluation of the human gene in terms of words, wave genetics and a grammar of spirituality.

DNA Changes and Words

According to the findings of the Russian Scientists, the genetic code follows the same rules found in human languages. By modulating certain frequency sound patterns on a laser ray, they are able to influence DNA frequency and genetic information. The most interesting aspect of their discovery is that simple words and phrases can work just as well as laser beams. Man can literally reprogram his genetic blueprint through words--which explains why affirmations and hypnosis can have powerful effects on mind and body.

DNA Changes and Wave Genetics

This discovery also points to the significance of sound frequencies and vibrations in the origin of human life and the possibility that creation was generated by waves of consciousness. The Phantom DNA effect is a case in point: the energy field of a DNA sample remains detectable by laser light even when the physical sample is removed. At a fundamental level, man is pure energy. In Wave Genetics, the junk DNA functions at a rich infrastructure level of super codes and wave communication, realized in material form as crystalline structures—dynamic gene-holograms in liquid crystals of the chromosome continuum. What this model suggests is that the human gene is part of larger holograms (multiverse) of wave information reality. Hyper-communication, in the form of remote sensing, remote healing and telepathy, is definitely a part of the human protocol.

DNA Changes and the Grammar of Spirituality

Is it possible that the linguistic structures of the human genome point to a form of universal speech, a grammar of spirituality? William A Tiller in *Psychoenergetic Science: A Second Copernican-Scale Revolution* (Walnut Creek, CA: Pavior Publishing, 2007) certainly thinks so. Man, he explains, is composed of a personality body self and a “rich infrastructure ...in subtle bodies” that lead to “greater human performance and expanded capabilities” (89). The purpose of life is building this infrastructure into a grammar of spirituality. Michael Cremo in *Human Devolution: a Vedic Alternative to Darwin's theory* (Badger, CA: Torchlight Publishing, 2003) claims that man originated billions of years ago in waves of consciousness, but has “devolved” into an ego-driven modern counterpart, alienated from the group consciousness and spirituality of his ancestors. Group consciousness can bring about the healing of the earth. If weather can be influenced by Schumann’s frequencies, man, who is capable of resonating at these frequencies, can through group consciousness bring about changes that dissolve violence and restore earth to its natural balance.

The Russian Discoveries in DNA changes are timely; the whole world, it seems, is poised to recover a forgotten Linguistic Paradigm.



HELPING Hands and Heart Needed!

I would like to help some of the many equines out there that are displaced and in need of a new caretaker and loving home. If anyone can give either of these two equines a new home, please contact Beth Austin. She took these horses on as rescues for the county and now, because of her life situation changing, can no longer provide for them. If you know of somebody or can help these wonderful creatures out, email Beth at Baustin1234@aol.com.

DREAMER

Dreamer is a long 3 year old, red roan approximately 14 hand, Quarter horse.



JULIE

Julie is 7, a bay Quarter horse approx 14 hands.





New things happening!

- ! Watch for Dr. Seelye's **BLOG** coming soon.
- ! **Now on Facebook**– Sign into Facebook to visit with Dr. Seelye on Facebook
<http://www.facebook.com/login.php?ref=pf>

Watch for Effie Ligon's third installment of "A State of Balance, Part III" in the OCT Newsflash!



Feed-Back - Dr. Seelye wants to know what you want to hear about. Let her know so we can incorporate items of interest in future Newsflash! releases.

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